



Union McDonald's Auhof-Dornach-Magdalena Linz

Sektion Schwimmen
Julius-Raab-Str. 8, A – 4040 Linz
ZVR: 464326280
www.adm-swim.gecomp.at



Notice of the

18th Int. McDonald's Multi-Stroke Cup: 19th/20th January 2008

in the Auhof Baths, Julius-Raab-Str. 10, A-4040 Linz/AUSTRIA

Description of pool: 25 m length, 5 lanes, wave-breaking lines; depth 1.25 m - 1.80 m;
lane width 2.50 m; water temperature 27 deg.; electronic timing by OMEGA

Saturday, Jan. 19th, 2008: Start of warm-up: 9.30 a.m.
Start of 1st competition section: 10.30 a.m.

1+2	200 m Freestyle prelim. female	1994 and younger and 92/93	(time limit: 2:35/2:29)
3+4	200 m Freestyle prelim. male	1992 and younger and 90/91	(time limit: 2:25/2:17)
5	200 m Freestyle prelim. female	open 1991 and older	(time limit: 2:30)
6	200 m Freestyle prelim. male	open 1989 and older	(time limit: 2:20)

Start of warm-up: 12.30 p.m.
Start of 2nd competition section: 14.00 p.m.

	97	96	95	94	93	92	91	Guideline timing
	+younger					(+older)	(+older)	
7	100 m Backstroke female	1:38	1:34	1:28	1:25	1:21	1:19	=
8	100 m Backstroke male	1:36	1:31	1:26	1:22	1:18	1:14	1:11
9	4x50 m Freestyle open female							
10	4x50 m Freestyle open male							
11	100 m Breaststroke female	1:48	1:40	1:36	1:33	1:31	1:28	=
12	100 m Breaststroke male	1:47	1:39	1:34	1:29	1:26	1:23	1:19

following a short warm-up time (roughly 20 mins.) and
Start of 3rd competition section: (planned between) 6.30 – 7 p.m.

13	SPEEDO Final 200 Freestyle female	94 and younger	(with the 5 fastest of event 1)
14	SPEEDO Final 200 Freestyle male	92 and younger	(with the 5 fastest of event 3)
15	SPEEDO Final 200 Freestyle female	92/93	(with the 5 fastest of event 2)
16	SPEEDO Final 200 Freestyle male	90/91	(with the 5 fastest of event 4)
17	SPEEDO Final 200 Freestyle female	open 91+	(with the 5 fastest of event 5)
18	SPEEDO Final 200 Freestyle male	open 89+	(with the 5 fastest of event 6)



Sunday, Jan. 20th, 2008:

Start of warm-up: 8.00 a.m.

Start of 4th competition section: 9.00 a.m.

	97 -younger	96	95	94	93	92 (+older)	91 (+older)	Guideline timing	
19	100 m Butterfly female	1:45	1:37	1:30	1:24	1:20	1:16		=
20	100 m Butterfly male	1:46	1:38	1:29	1:21	1:16	1:13		1:10
21	4x50 m Ind. Medley 94 and younger female								
22	4x50 m Ind. Medley 92 and younger male								
23	100 m Freestyle female	1:25	1:20	1:17	1:14	1:12	1:10	=	
24	100 m Freestyle male	1:25	1:19	1:15	1:11	1:07	1:04	1:01	

following Presentation of Awards and 30 minutes additional warm-up time
Start of 5th competition section:

25	McDonald's Final	100 m Ind. Medley male	1997 and younger
26	McDonald's Final	100 m Ind. Medley female	1997 and younger
27	McDonald's Final	100 m Ind. Medley male	1996
28	McDonald's Final	100 m Ind. Medley female	1996
29	McDonald's Final	100 m Ind. Medley male	1995
30	McDonald's Final	100 m Ind. Medley female	1995
31	McDonald's Final	100 m Ind. Medley male	1994
32	McDonald's Final	100 m Ind. Medley female	1994
33	McDonald's Final	100 m Ind. Medley female	1993
34	McDonald's Final	100 m Ind. Medley female	1993
35	McDonald's Final	100 m Ind. Medley male	1992
36	McDonald's Final	100 m Ind. Medley female	1992 and older
37	McDonald's Final	100 m Ind. Medley male	1991 and older

General Conditions:

The competitions will be run according to VÖS regulations and are open to all FINA clubs.

We start this year according to the one-start-rule (only one start-attempt per heat).

Lanes will be given out regardless of age according to the best times on the entry lists.

Class divisions and Scoring for all 100 m events:

Female by year of birth for years 1993 - 1996, grouped for the years *1997 and younger / 1992 and older*
Male by year of birth for years 1992 - 1996, grouped for the years *1997 and younger / 1991 and older*

Multi-Stroke Scoring:

Those swimmers starting in all 4 strokes will receive a total score, divided by **year of birth**. These points will be added together according to the FINA Short Course 1000-point table.

The 5 best-placed male and female participants in each age-group qualify for the **McDonald's Finals** (events 25-37). In case of equity of points the highest score in a single event is decisive.

These finals cover **100 m Individual Medley**.

Credit-Rule:

If a swimmer is disqualified in a 100m-event (and only then), he/she gets only once in the whole competition the possibility, to swim again this distance before the end of the competition section. The time swum and FINA-points of this credit-100m will count only for the multi-stroke and for reaching the finals. Lanes will be given by the organization committee. One official of the team has to claim for the credit-100m immediately after publication of the single results at the speaker's desk. Improvement of the multi-stroke cup record is not possible after taking advantage of the credit-rule

Relays:

The Freestyle relays are open, the Ind. Medley relays are swum as Junior Relays (female: 94 and younger, male: 92 and younger).



200 m Freestyle:

Female grouped for the years 92 and 93 as for 94 and younger and 91 and older
Male grouped for the years 90 and 91 as for 92 and younger and 89 and older
The middle age-groups are according to the European Junior Championship age-classes.

Team Scoring: The top 5 in the single 100 m events receive between for **5 -1 points** for their team score - but only the best participant of each club can get points! So the 15 points are divided to 5 different teams. Double points are given for the Relays: between 2 and 10. Double points are given for the Freestyle-Relays (events 11, 12): between 2 and 10.

Entries should be sent preferable in an electronic form according to Lenex, DSV, CIS-Online or the available Excel-file (download). For electronic entries will be a discount of 50 cent per race to the starting money. All information and the files you will find at: <http://www.msecm.at/events/18mlc/18mlc.htm>
Traditional Forms can be faxed and sent by e-mail - see below.



Swimmers entered in all 4 strokes automatically take part in the Multi-Stroke Scoring (and can only qualify for the finals in this way).

Due to the number of entries in last years, clubs are asked to enter only those swimmers who have achieved the **guidline times** in *at least 2 of the 4 disciplines*

Final entry date: **9.1.2008** (email, fax) – **please take note of the deadline!!!**

Entry address: Martin Heger, Karl-Renner-Straße 12, 4040 Linz, @: events@msecm.at ,

Tel: + 43 (0)660 3760565 Fax: +43 (0)660 33 3760565 and/or copy to

Online entry: Same as last year - we will offer such online entry/registration – at: www.msecm.at

Contact person: MartinHeger (email: events@msecm.at)

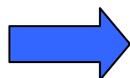
Starting money: (for non-electronic entries)

- is € 4,50 for each **100 m** event
- swimmers taking part in the **Multi-Stroke Scoring** pay a reduced price for all 4 disciplines of € 16,00
- For **200 m** events (FS) a higher starting money is fixed at € 10,00 – if the swimmer reaches the time limit we will pay back € 5,50.
- Relays cost € 8,00 each, belated entries (if accepted) 12,00
- **Please note the discount of € 0,50 for each start when electronic registration (see above) is used**

Starting Money should be paid in Cash in the Baths before the start of the competition.

Awards and Prizes:

- The best TEAM receives Invitation for 4 athletes for the year 2009!
- The 3 best-placed from each discipline and each age-group receive a medal.
- The winning relay-team receive non-cash prizes, the 3 best-placed teams receive medals.
- The classified finalists (1-5) in the *age-group finals* receive *cash prizes*:
 - General Class € 70,- / 50,- / 40,- / 20,- / 10,-
 - 15 (m, w) , 16 (men) € 60,- / 40,- / 30,- / 20,- / 10,-
 - 13 and 14 years € 50,- / 30,- / 20,- / 10,- / 5,-
 - 11 and 12 years € 40,- / 25,- / 15,- / 10,- / 5,-



Additionally the 3 fastest from all McDonald's Finals receive (male and female):

€ 333,- / 222,- / 111,-



- € 50,- will be given for the winners of the 200 m finals (as speedo voucher for the speedo shop)
- € 75,- will be given for improvement in cup best scores in the Multi-Stroke Scoring

Allg.	3.161	Hlavacova Yveta	CZE	2000	3.278	Cassol Davide	ITA	2000
16 J.	-				2.947	DiCarli Marco	D	2001
15 J.	3.083	Dittrich Nina	AUT	2005	2.567	Schmidt Sebastian	D	1999
14 J.	2.886	Jukic Mirna	CRO	2000	2.273	Kelbl Ondrej	CZE	2002
13 J.	2.715	Klinar Anja	SLO	2001	2.105	Bunda Matej	H	1997
12 J.	2.515	Katatics Ida	H	1995	1.860	Jukic Dinko	AUT	2001
11 J.	1.953	Halacova Michaela	CZE	2000	1.618	Jukic Dinko	CRO	2000

- Finally there will be given little prizes for improvement of the Meeting-Records!

For organisational questions please contact Norbert Brendl, (phone during the day +43 732 3733 1128, in the evening: +43 (0)699 155 66 288).

For accomodation requests, *Hotel Sommerhaus* will help you: Ms Rita Krenn, phone +43 732 2457 376, email krenn@studentenwerk.at. (Raabstraße 10, A-4040 Linz). As usual a limited number of rooms is again available in-house.

Anyway, in the Jugendgästehaus Linz (youth hostel Linz) we have prebooked enough rooms (10 minutes from the pool by car). Please contact: +43 (0)732 664434, email: jgh.linz@oejhv.or.at (<http://www.jugendherbergsverband.at/Linz.htm>).

We will be again looking after you with a buffet throughout the competition. A  sales stand of STS Hebel (STS – Austria: <http://www.sts-austria.at>) will wait for you. Any problems? Just give us a call and we'll be sure to help!

Further information and the results of the past years you will find online at www.adm-swim.geocomp.at under the "Mehrlagencup"-button.

We are looking forward to you coming to Linz (spread the word around!) and wish you all the best.

Union McDonald's ADM Schwimmen

Norbert Brendl
(General Manager of the MSC)

Hans-Jörg Gramlinger
(Head of Swimming Section)

Dir. Peter Müller
(Club President)